

Lego Therapy

Intent

At River View Primary School, we use Lego Therapy to develop children's social communication, interaction and collaborative problem-solving skills. Through highly motivating, structured group activities, children are provided with opportunities to practise communication, teamwork, listening and flexibility within a supportive environment.

Lego Therapy encourages children to work cooperatively towards a shared goal whilst developing confidence in communicating with others. By providing clearly defined roles and responsibilities, the intervention supports children to understand social expectations, develop turn-taking skills and build positive relationships with peers. The approach is particularly beneficial for children with autism, social communication difficulties and those who require support to develop social confidence and interaction skills.

Implementation

Lego Therapy is delivered through structured small-group sessions facilitated by a trained adult. Each child is assigned a specific role within the group, ensuring that successful completion of the task requires collaboration and communication. Activities are carefully selected and adapted according to the needs and abilities of the children participating.

Principle	Purpose	Examples in Practice	Expected Outcome
Structured Roles	Promote communication and collaboration	Engineer, Supplier and Builder roles	Improved teamwork
Shared Goals	Encourage cooperation	Collaborative model construction	Increased social interaction
Communication	Develop expressive and receptive language	Giving and following instructions	Improved communication skills

Problem Solving	Develop flexibility and resilience	Resolving construction challenges	Improved confidence and perseverance
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Impact

Children will demonstrate improved social communication, listening and interaction skills. Through participation in structured group activities, pupils will develop greater confidence when working with others and increase their ability to communicate effectively within a social context.

Over time, children will demonstrate improved cooperation, problem-solving and resilience when faced with challenges. These skills will support participation within the classroom, playground and wider school community, contributing to improved relationships and greater independence.