

LEGO Build to Express

Intent

At River View Primary School, we use LEGO® Build to Express to support communication, emotional literacy, self-expression and pupil voice. The approach provides children with a creative and engaging way to express thoughts, feelings and experiences through model building and structured discussion.

Build to Express promotes reflection, self-awareness and communication by enabling children to represent ideas visually and explain their thinking to others. Through carefully structured activities, children develop confidence in expressing themselves, sharing experiences and listening to the perspectives of others.

Implementation

Build to Express is delivered through structured group or individual sessions. Children respond to a question, theme or scenario by constructing a model using LEGO® bricks before sharing and discussing their ideas. Adult facilitation supports reflection, questioning and communication development.

Principle	Purpose	Examples in Practice	Expected Outcome
Self-Expression	Encourage communication of thoughts and feelings	Building personal representations	Improved communication
Reflection	Promote self-awareness	Discussing completed models	Improved emotional literacy
Pupil Voice	Support sharing of experiences	Structured questioning	Increased confidence
Collaboration	Encourage discussion and listening	Group sharing activities	Improved social understanding

Impact

Children will demonstrate increased confidence in expressing their thoughts, feelings and experiences. Through structured opportunities for reflection and discussion, pupils will develop improved emotional literacy and communication skills.

As confidence grows, children will become more willing to contribute to discussions, share ideas and participate in learning activities. Improved self-awareness and communication will support emotional wellbeing, resilience and social participation.