If you are being bullied:

Do

- Ask them to stop if you can
- Walk away
- Tell an adult, either at school or at home
- Remember it is not your fault

Don't

- Do what the bully says
- Hit them or fight back
- Think it's your fault
- Keep it to yourself



At River View we believe everyone has the right to feel safe to enjoy learning without fear.

That is why we have all agree that bullying is not acceptable.

All children are expected to follow our RICHER values.

Respect

Independence

Caring

Helpful

Equality

Resilience



River View Primary and Nursery School

Suffolk Road

Stapenhill

Burton

DE15 9HR

Tel: 01283 260157

River View Primary & Nursery School

Anti-Bullying Leaflet

What is bullying?

A bully is someone who hurts someone else by using behaviour that is unkind and meant to hurt, cause pain, frighten or upset them. This behaviour is repeated **frequently**.



Physical: hitting, kicking, pushing, punching

Verbal: name calling, spreading rumours

Emotional: leaving you out, teasing

Online: saying unkind things by text, email or online

Racist: calling you names because of the colour of your skin

Homophobic: dislike of non-conventional family structures, improper use of the word gay

When is it bullying?

Bullying is something that happens several times on purpose.

Several

Times

On

Purpose

No type of bullying is tolerated at River View.



Who can you tell if you see or know someone that is being bullied

- Any adult at school
- Parent or someone who looks after you
- An adult family member

Most importantly…

Start

Telling

Other

People

What we do if bullying happens

- We take every incident very seriously
- Incidents are fully investigated, and parents are contacted
- In some cases, short term exclusions may be considered